



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

Prayer for the Intercession of Blessed Francis Jordan

Lord Jesus Christ,
Saviour of the world,
you called Francis Mary of the Cross
Jordan to be your apostle,
to make God known and loved by
all people everywhere,
using all the means your love
inspires. You filled him with
universal apostolic zeal,
with a deep trust in God's loving
providence, with a profound spirit
of prayer, with a sincere
devotion to Mary,
Mother of the Saviour, and with
the courage to follow you,
even into the mystery of the Cross.
Grant also to me the grace to
proclaim the Gospel in this spirit,
and make me an effective apostle in
today's world.
I make this prayer through you,
my Saviour,
who lives and reigns with the Father
and the Holy Spirit,
forever and ever.
Amen.



Continue to practise good
hygiene. ***Please use the
hand sanitisers provided
in both of our Churches.***

Thoughts of Blessed Francis Jordan

If you could not preach at all with words, example alone is
already a mighty sermon that would capture the spectator.



**A warm welcome to all
our parishioners
and visitors who are
celebrating the
Eucharist with us
at Pittwater Parish
Sacred Heart Church and
Maria Regina Church**



POPE FRANCIS' PRAYER INTENTION FOR OCTOBER *For the Synod*

We pray for the Church, that she may adopt
listening and dialogue as a lifestyle at every level,
and allow herself to be guided by the Holy Spirit
towards the peripheries of the world.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 8.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass at 9.30am
Wednesday 9.30am
Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm
Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday
BAPTISM
3rd Sunday - 11.00am

We Pray for

Deceased Anniversary

Sandra Piper

Eternal Rest Grant Unto Them O Lord, And Let Perpetual Light Shine Upon Them. May they Rest in Peace. Amen.
May Their Souls And The Souls Of The Faithful Departed, Through The Mercy Of God, Rest in Peace. Amen.

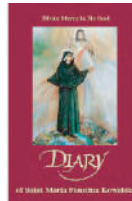
Prayer for the Sick

Anna Smigowska
Guy Zofrea
Jeff Langley
Mark Linfiels
Nick Moullakis
Bill Eyre
Brian Gregan
Marcia Bailey
Bec Burroughs
Susan Hickey
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Mina Lee
Maureen Larios
Denise Wagner
Tom Murphy
Leonie Ariemetto
Marco Sangiacamo
Sarah Paterson

BOOK REVIEW

Divine Mercy in My Soul Diary

By: Sister M. Faustina Kowalska



This book birthed the Divine Mercy movement. It is an amazing narrative by a simple Polish nun and will stir your heart and soul.

"FOR I KNOW the plans I have for you," declares the Lord, "PLANS TO PROSPER & NOT TO HARM" plans to give you HOPE & a future
Jeremiah 29:11

Liturgy for the Week

23/10 Monday, Ordinary Time 29
Rom 4:20-25; Lk 12:13-21
24/10 Tuesday, Ordinary Time 29
Rom 5:12, 15, 17-21; Lk 12:35-38
25/10 Wednesday, Ordinary Time 29
Rom 6:12-18; Lk 12:39-48
26/10 Thursday, Ordinary Time 29
Rom 6:19-23; Lk 12:49-53
27/10 Friday, Ordinary Time 29
Rom 7:18-25; Lk 12:54-59
28/10 Saturday, Sts Simon and Jude
Eph 2:19-22; Lk 6:12-19

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2023
Our Year of
Stewardship

HSC 2022 - 63rd ranked school in NSW

Book of Remembrance

Church tradition has always urged prayer for the deceased, in particular by offering the Eucharist Celebration for them: it is the best spiritual help that we can give to their souls, particularly to those who are most forsaken. The foundation of prayer in suffrage lies in the communion of the Mystical Body. As the Second Vatican Council repeats, “fully conscious of this communion of the whole Mystical Body of Jesus Christ, the pilgrim Church from the very first ages the Christian religion has cultivated with great piety the ‘memory of the dead’” Lumen Gentium, n.50) Remembering the dead, caring for their grave and prayers of suffrage, are the testimony of confident hope, rooted in the certainty that death does not have the last word on human existence, for man is destined to a life without limits, which has its roots and its fulfillment in God.

Pope Francis

Saint Peter's Square

Sunday, 2 November 2014

November is a special time to pray for the dead.

A plenary indulgence may be gained for the dead, once only, by visiting a Church on 2 November and praying the Lord's Prayer and the Creed. Three conditions are required for gaining indulgence: Sacramental Confession, Eucharistic Communion and prayer for the Pope's intentions.

If you would like the names of your deceased loved ones, relatives or friends published in our “**Book of Remembrance**”, please fill in the “November Offerings” envelopes and drop it in to the Parish Office or put in the any collection baskets.

Each day in November, a Mass will be offered for all those mentioned in our “**Book of Remembrance**”.



Signed, Sealed and To Be Delivered

Signed:

How often do we reflect on what we are doing when we make the Sign of the Cross? In “The Spirit of the Liturgy”, Pope Benedict said: “to seal oneself with the Sign of the Cross is a public and visible ‘yes’ to him who suffered for us, to him who in the body has made God’s love visible, to a God who reigns not by destruction but by humility of suffering and love which is stronger than all the power of the world and wiser than all the calculating intelligence of men.” We are saying that we believe in the power of the cross and particularly in what it means for our own life – our bodies will rise again. We sign ourselves as belonging to the one who has won our redemption by his blood on the cross, as belonging to the Father, Son, and Holy Spirit. We are signed, and we belong to God. The Sign of the Cross is a daily reminder that we are to give to God what is God’s, that is, our very selves. and that you have been chosen, because when we brought the Good News to you, it came to you not only as words, but as power and as the Holy Spirit and as utter conviction.

Delivered:

Christ prayed at the Last Supper, “They do not belong to the world, just as I do not belong to the world.... Father, I desire that those also whom you have given me, may be with me where I am, to see my glory which you have given me because you loved me before the foundation of the world” (John 17: 16-24). And so it is

that we are to be delivered to where we will see his glory and be with him. We bear an inscription as those baptized into his life, and we outwardly recall this when we make the Sign of the Cross with water from the fonts in the entrances to our churches. It is up to us then – with the thoughts, words, and actions of our lives – to live this truth coherently, giving to God what is God’s.

Detached:

Pope Saint John Paul II, reflecting on Psalm 145, writes: “Man therefore finds himself facing a radical choice between two contrasting possibilities: on the one side is the temptation to ‘trust in princes,’ adopting their criteria inspired by wickedness, selfishness, and pride. In fact, this is a slippery slope, a ruinous road, a ‘crooked path and a devious way,’ (Proverbs 2:15) whose goal is despair. Indeed, the Psalmist reminds us that man is a frail, mortal being, as the very word ‘adam’ implies; in Hebrew, this word is used to signify earth, matter, dust. Man – the bible constantly states – is ‘like (...) a strip of grass that is green at dawn but has withered by evening (Psalms 89:5-6).’ With this in mind, we “give to the emperor” what is of this world by relinquishing or simply detaching ourselves from it. We give what is eternal, namely our souls, over to God because we belong to him.

by: ePriest

Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary

Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music

Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

Media & Communications Coordinator

Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator

Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators

Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Parish Office Hours

Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church

1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School
el 8197 6900

Principal: Mr Jamie Wahab

AVALON

Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

WARRIEWOOD

Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher



Give to God what belongs to God

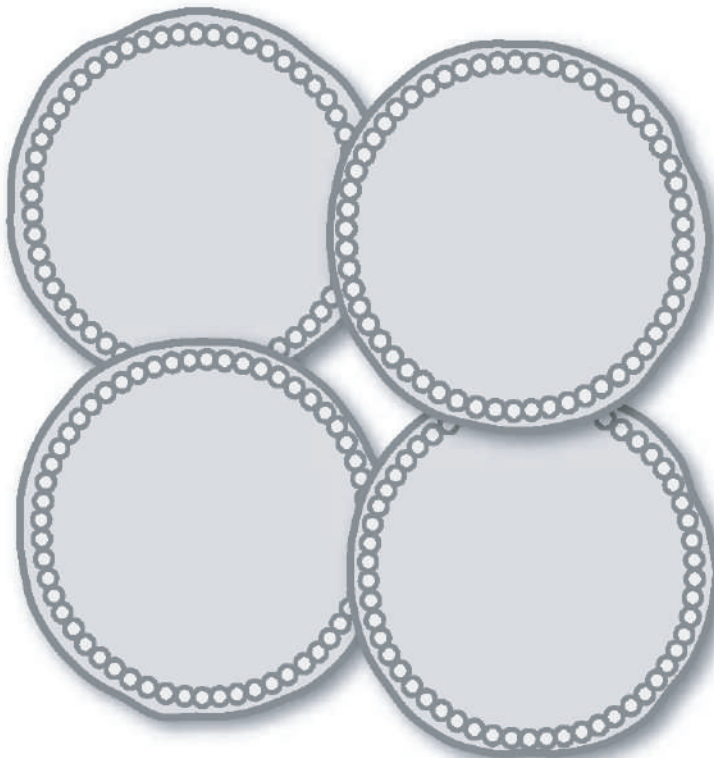


29th Sunday in Ordinary Time, Year A



Give to Caesar what belongs to Caesar...

Jesus believed that people should obey the law and pay their taxes to the Romans. What are some laws or rules that we must obey?

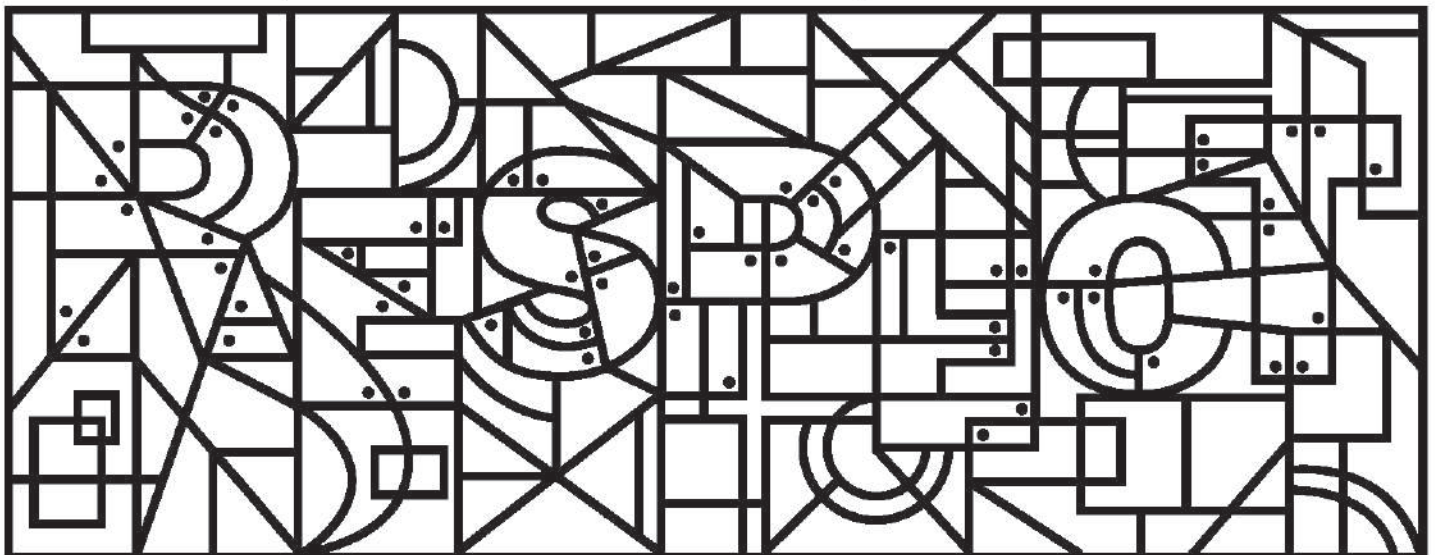


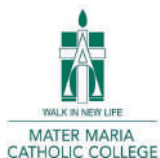
Give to God what belongs to God.

Jesus tells us that we belong to God. We can give ourselves to God by following Jesus' teachings and loving others as he did. Draw a picture of yourself doing something as Jesus would have done.



Colour in the shapes that contain dots to reveal something that Jesus wants us to show others.





Parish Bulletin – Term 4, Week 2

This week has been a huge week for sport at the College with many students in all year groups participating in many different sporting competitions. This included the Peninsula Cup U14 Boys Touch Football Competition and MWBA Basketball. Catholic Schools Broken Bay Boys held several competitions this week with the Rugby 7s Gala Day at North Narrabeen Reserve, Surf Lifesaving Championships at Terrigal Beach and SBB Volleyball at Niagara Park Sports Stadium. The cricket season has also returned with students competing participating in the Manly Shield U15 Cricket Competition and the Berg Shield Cricket Competition.

On Wednesday, students in Year 9 and Year 10 attended a workshop at St Peter's Catholic College for a Cross Campus Centre Ignite Mathematics course to broaden their mathematical skills as they work towards their HSC subjects.

Year 11 students attended the Catholic Mission Mass with senior students from other Diocesan schools at Our Lady of the Rosary Cathedral in Waitara.

For those students considering a career in nursing or midwifery, a registered nurse visited the College this week to talk to Year 10 and Year 11 students about the educational pathways for entering the industry.

Our best wishes continue for our Year 12 2023 students who are currently sitting their HSC examinations. This is an important time for students, representing significant challenges and requiring strength and commitment. The examinations will provide them with opportunities to demonstrate the knowledge they have gained and skills they have acquired during their school years at Mater Maria Catholic College. Please keep these students in your prayers and thoughts as they continue to complete these final examinations over the next three weeks.

For those seeking to join our enriching educational journey, applications for Year 7, 2026 are now open. Whilst Year 7, 2024 and Year 7, 2025 do have waiting lists in place, we



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Salvatorian Seminary Appeal

There will be a special collection towards the Salvatorian Seminary on the 21st and 22nd of October. Your generous contribution will help in the training and the education of our young seminarians and the upkeep of our seminaries in Poland and the Philippines, and also support our East Timorese Seminarians who will be working in Australia.

Since its inception, the seminary has educated more than 500 priests.

Envelopes will be in the pews or Bank transfer to "Salvatorian Fathers Formation Account"

BSB: 086-006

Account No: 56208 8745

please indicate "Pittwater Parish"



*Thank you in anticipation,
Fr Richard Sadowski SDS and
Fr Zygmunt Smigowski SDS*



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Photo: Yahya Hammad/Getty Images

The *Living* Word

Entrance Antiphon

Psalm 16:6,8

To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.

First Reading

Isaiah 45:1.4-6

A reading from the prophet Isaiah

I have taken the hand of Cyrus to subdue nations before his countenance.

Thus says the Lord to his anointed, to Cyrus, whom he has taken by his right hand to subdue nations before him and strip the loins of kings, to force gateways before him that their gates be closed no more: It is for the sake of my servant Jacob, of Israel my chosen one, that I have called you by your name, conferring a title though you do not know me. I am the Lord, unrivalled; there is no other God besides me. Though you do not know me, I arm you that men may know from the rising to the setting of the sun that, apart from me, all is nothing.

The word of the Lord

Responsorial Psalm

Ps 95:1. 3-5. 7-10. R. v.7

(R.) Give the Lord glory and honour.

O sing a new song to the Lord, sing to the Lord all the earth. Tell among the nations his glory and his wonders among all the peoples. (R.)

The Lord is great and worthy of praise, to be feared above all gods; the gods of the heathens are naught. It was the Lord who made the heavens. (R.)

Give the Lord, you families of peoples, give the Lord glory and power, give the Lord the glory of his name. Bring an offering and enter his courts. (R.)

Worship the Lord in his temple. O earth, tremble before him. Proclaim to the nations: 'God is king.' He will judge the peoples in fairness. (R.)

Second Reading

1 Thessalonians 1:1-5

A reading from the letter of St Paul to the Thessalonians

We are mindful of your faith, hope, and love.

From Paul, Silvanus and Timothy, to the Church in Thessalonika which is in God the Father and the Lord Jesus Christ; wishing you grace and peace from God the Father and the Lord Jesus Christ. We always mention you in our prayers and thank God for you all, and constantly remember before God our Father how you have shown your faith in action, worked for love and persevered through hope, in our Lord Jesus Christ. We know, brothers, that God loves you

and that you have been chosen, because when we brought the Good News to you, it came to you not only as words, but as power and as the Holy Spirit and as utter conviction.

The word of the Lord.

Gospel Acclamation

Philippians 2:15. 16

Alleluia, alleluia!

Shine on the world like bright stars; you are offering it the word of life.

Alleluia!

Gospel

Matthew 22:15-21

A reading from the holy Gospel according to Matthew

Give to Caesar the things that belong to Caesar and to God the things that are God's.

The Pharisees went away to work out between them how to trap Jesus in what he said. And they sent their disciples to him, together with the Herodians, to say, 'Master, we know that you are an honest man and teach the way of God in an honest way, and that you are not afraid of anyone, because a man's rank means nothing to you. Tell us your opinion, then. Is it permissible to pay taxes to Caesar or not?' But Jesus was aware of their malice and replied, 'You hypocrites! Why do you set this trap for me? Let me see the money you pay the tax with.' They handed him a denarius, and he said, 'Whose head is this? Whose name?' 'Caesar's' they replied. He then said to them, 'Very well, give back to Caesar what belongs to Caesar – and to God what belongs to God.'

The Gospel of the Lord

Communion Antiphon

Psalm 32:18-19

Behold, the eyes of the Lord are on those who fear him, who hope in his merciful love, to rescue their souls from death, to keep them alive in famine.

REFLECTION

by Dianne Bergant CSA

The frequency with which we consider the question of insider-outsider is an indication of how important universalism and the breaking down of boundaries is within our religious tradition. All peoples, all lands are called on to praise God. Furthermore, God cares about and cares for all people (see Is 19:25), and God works through all people to accomplish good in the world: Gandhi, a Hindu of Indian origin; Martin Luther

King, Jr, a Baptist minister; Susan B. Anthony, a suffragist; Nelson Mandela, a Black South African, etc. Human beings have always realised that, in comparison with the grandeur and expansiveness of the universe within which they live, they are weak and vulnerable creatures. This has led them to believe in and offer homage to a divine being, or beings. Praise of God has always been an expression of awe and gratitude as well as humility.

If neither gender, nor race, nor age, nor class nor culture qualifies one for being an insider, what does? Today's readings suggest that it is service of others. In breaking down the walls of prejudice, the social activists of our own age liberate not only the oppressed groups to which they belong, but also those who oppress them. The lives of these dynamic people show us that service of others draws them into our circles and encircles us in theirs. With open arms God invites all into an embrace of divine love. As God has embraced us, so we are called to embrace all others.

© Dianne Bergant CSA

Dates for your Diary



Solemnity of All Saints

Wednesday, 1 November

Mass at 8am

at Maria Regina Church
and

9:30 am

at Sacred Heart Church



Commemoration of All the Faithful Departed (All Souls Day)

Thursday, 2 November

Mass at 9:30 am and 7 pm

at

Sacred Heart Church
and

10 am Mass

at

Maria Regina Church

10:45 am

Gather at Mona Vale Cemetery,
near the graves of the priests,
to pray the rosary.

Followed by blessing of the
graves.

NOW ENROLLING YEARS K - 6

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-Matthew 17:20



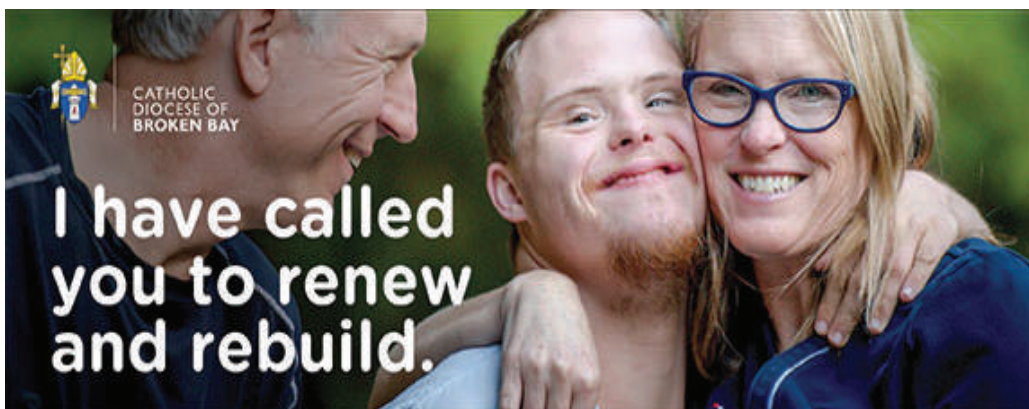
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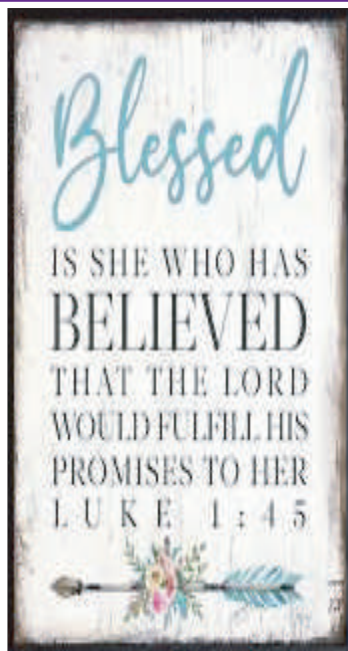
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